

Safe Winter Walking

Walk safe

Do not grab objects as you are exiting. Exit the vehicle then retrieve items.



Maintain three points of contact when stepping out of vehicles.



Use vehicle for support.



Use caution when shifting your weight to exit a vehicle.

Oregon TECH

Walking during the winter requires special attention to avoid slipping and falling. The National Safety Council estimates that falls cause more than 1,500 deaths and 300,000 injuries per year.

To learn more, visit www.oit.edu/faculty-staff/risk-management or call 541.885-1133