

February

Sun

Mon

Tue

Wed

Thu

Fri

Sat

	1	8AM Chair Yoga TEAMS or in Mt Mazama	2	3	4	Cooking Class Apple Pie Oatmeal Hooties in the Dow Center starts 10am	5	Weekend Activity	6	7
	8		9	8AM Yoga for Back Pain 12pm Mt Mazama All are Welcome	10		11	Cooking Class My Marinara Sauce (taste fresh marinara) 2pm in Cornett Hall by the Student Break Room	12	Weekend Activity
	15		16	FREE Shallow Water Aerobics Class at the Klamath County YMCA 6:45-7:45pm	17	FREE Line Dance Class for Beginners. 12pm and 6pm in Bailey/Theilson Time to Kick UP Your Heals	18	Cooking Class The Encredible Edible Potato Cornett Hall Student Lounge 2PM-whenever	19	Weekend 20 Activity
	22	Wall Pilates 12PM in Sunset or via TEAMS. Yes, you can do it in your office or Res Hall Room	23		24	Safe Spring Break Fair Learn where you can ski, camp, hike, 4-wheel drive ETC. Come and talk to people from BLM, Forest Service, Park Service etc	25	Ai Chi Class It's like Tai Chi, but in the water. Helps with sleep. 8-9pm YMCA of Klamath County	26	Weekend 27 Activity
						11AM -2:30 in CU				28